

# Vow to Drive Sober Run

Saturday, December 9, 2017

## 5K & 1 Mile Courses

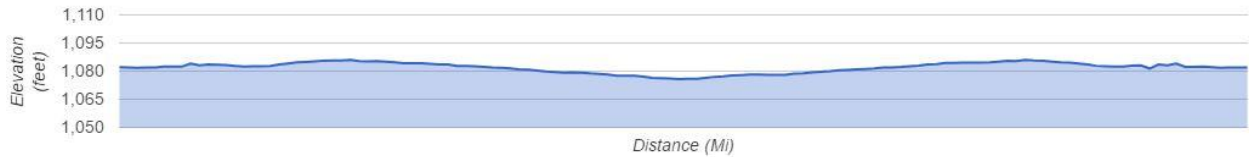
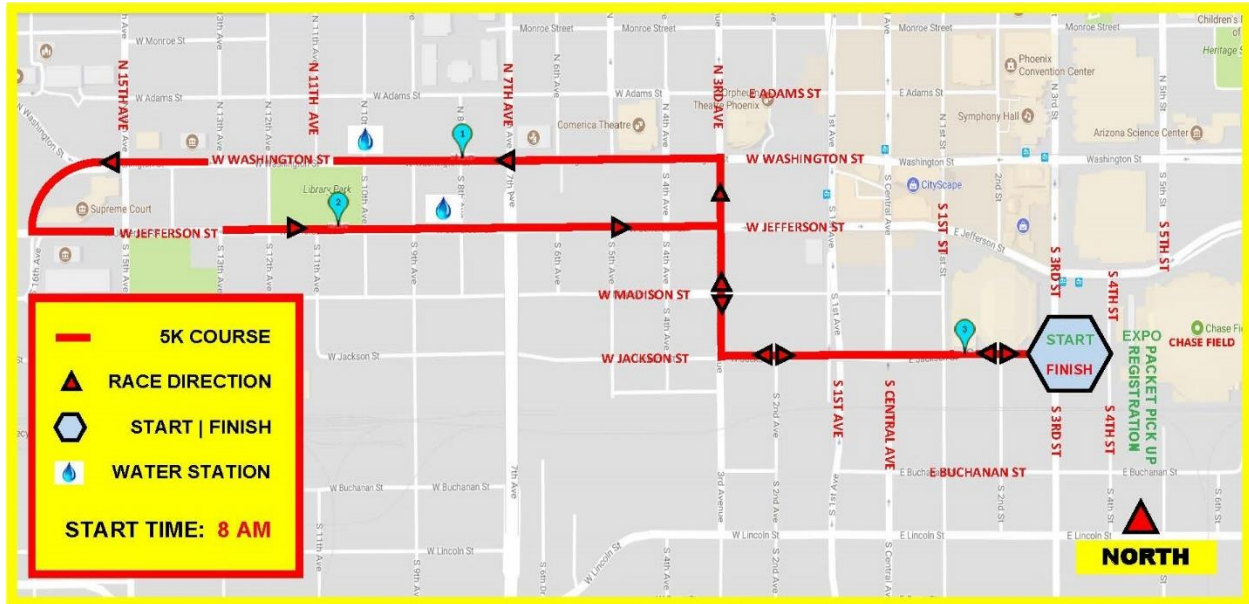
### About the 5K & 1 Mile Combo Pack

Did you know that you can challenge yourself and register to complete the 5K and 1 Mile back-to-back starting with the 5K?

Look for the 5K & 1 Mile Combo Pack race entry option during registration. You will have 1.5 hours to complete the 5K from its start time (1.25 hours plus an additional 15 minutes until disqualification), which allows 0 minutes from the start of the 1 Mile lineup. You will have 30 minutes to complete the 1 Mile.

Have friends or family that want to run or walk the 1 Mile? This is a great way to challenge yourself by completing the 5K and then running or walking the 1 Mile with your friends and family.

# 5K Course Map



## About the 5K Course

This fast street course is a loop with a minimal elevation change of approximately 10 feet in the heart of downtown Phoenix next to Chase Field. This course is perfect for attempting a PR (personal record) or having a fun leisurely run, walk or wheel. Running chairs, hand cycles, and sports wheelchairs are allowed on this course and will be started in advance of runners and walkers. Sports strollers are allowed on this course. This course is not pet friendly.

Course may vary slightly on race day and will be well marked to help keep you on course.

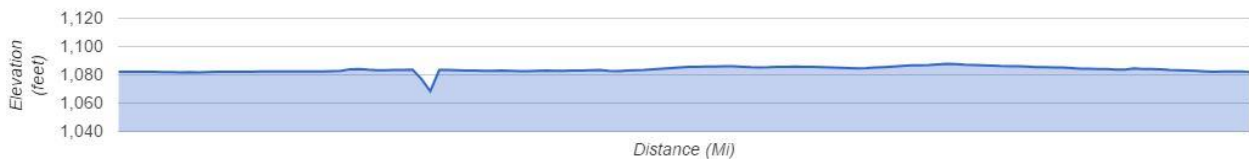
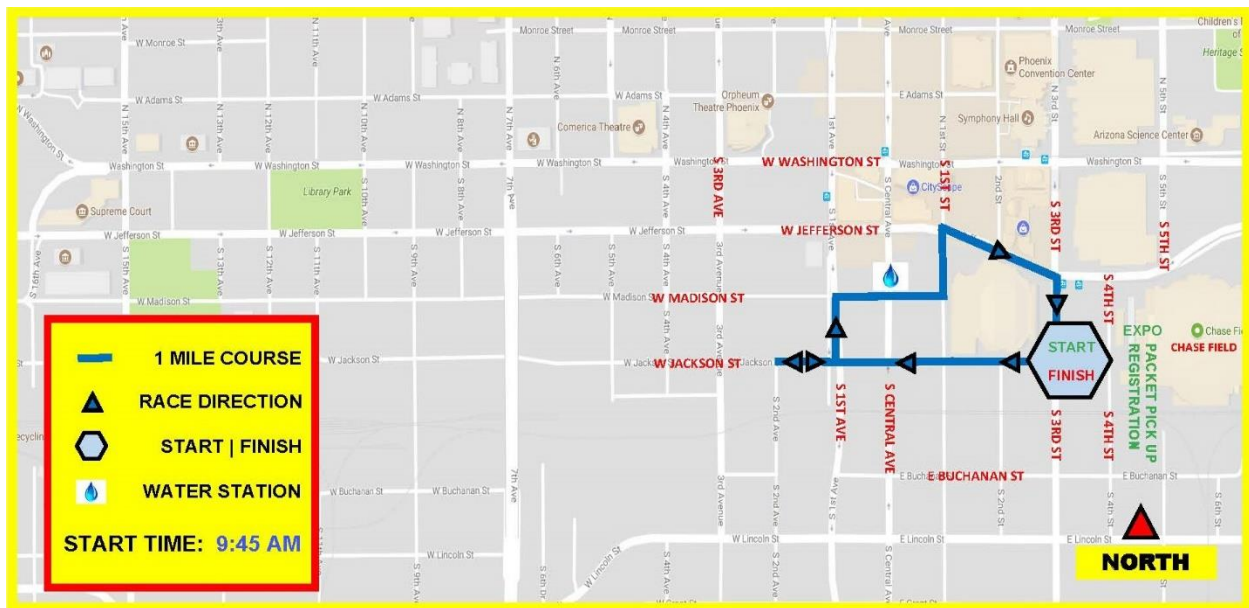
## Completing the 5K Course

You may run, walk or wheel the course and will have 1.25 hours to finish.

## 5K Directions

From the East Jackson Street Start Line just west of South 3<sup>rd</sup> Street, head west on East Jackson Street to South 3<sup>rd</sup> Avenue and West Jackson Street. Head north on South 3<sup>rd</sup> Avenue to West Washington Street. Head west on West Washington Street to West Jefferson Street. Just past South 15<sup>th</sup> Avenue, West Washington Street will curve southwest and connect with West Jefferson Street. From West Washington Street and West Jefferson Street, head east on West Jefferson Street to South 3<sup>rd</sup> Avenue. Head south on South 3<sup>rd</sup> Avenue to West Jackson Street. Head east on West Jackson Street to the East Jackson Street Finish line just west of South 3<sup>rd</sup> Street.

## 1 Mile Course Map



## **About the 1 Mile Course**

This fast street course is a loop with a minimal elevation change of approximately 10 feet in the heart of downtown Phoenix next to Chase Field. This course is perfect for attempting a PR (personal record) or having a fun leisurely run, walk or wheel. Running chairs, hand cycles, and sports wheelchairs are allowed on this course and will be started in advance of runners and walkers. Sports strollers are allowed on this course. This course is not pet friendly.

Course may vary slightly on race day and will be well marked to help keep you on course.

## **Completing the 1 Mile Course**

You may run, walk or wheel the course and will have 30 minutes to finish.

## **1 Mile Directions**

From the East Jackson Street Start Line just west of South 3<sup>rd</sup> Street, head west on East Jackson Street to the South 2<sup>nd</sup> Avenue and West Jackson Street turnaround. Head east on West Jackson Street to South 1<sup>st</sup> Avenue. Head north on South 1<sup>st</sup> Avenue to West Madison Street. Head east on West Madison Street to South 1<sup>st</sup> Street and East Madison Street. Head north on South 1<sup>st</sup> Street to East Jefferson Street. Head southeast on East Jefferson Street to South 3<sup>rd</sup> Street. Head south on South 3<sup>rd</sup> Street to East Jackson Street. Head west on East Jackson Street to the Finish line just west of South 3<sup>rd</sup> Street.